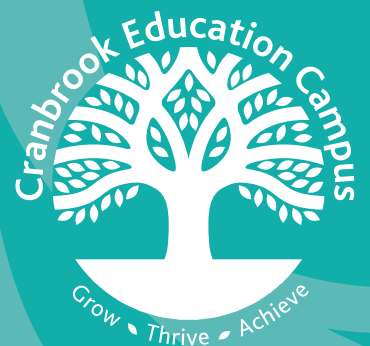


Knowledge Organiser

Year 10
Cycle Three



Personal details

Name:	
Tutor Group:	Tutor:
Head of Year:	House Group:

Key log in information

My school email:	@cranbrook.education
My school password:	
Classcharts code:	

Sparx	sparxmaths.uk	sparxscience.com
Username:		
Password		

Educake	educake.co.uk
Username:	
Password	

Bedrock - literacy	app.bedrock.learning.org
Username:	
Password	

MFL languagenut	languagenut.com
Username:	
Password	

Century	century.tech
Username:	
Password	



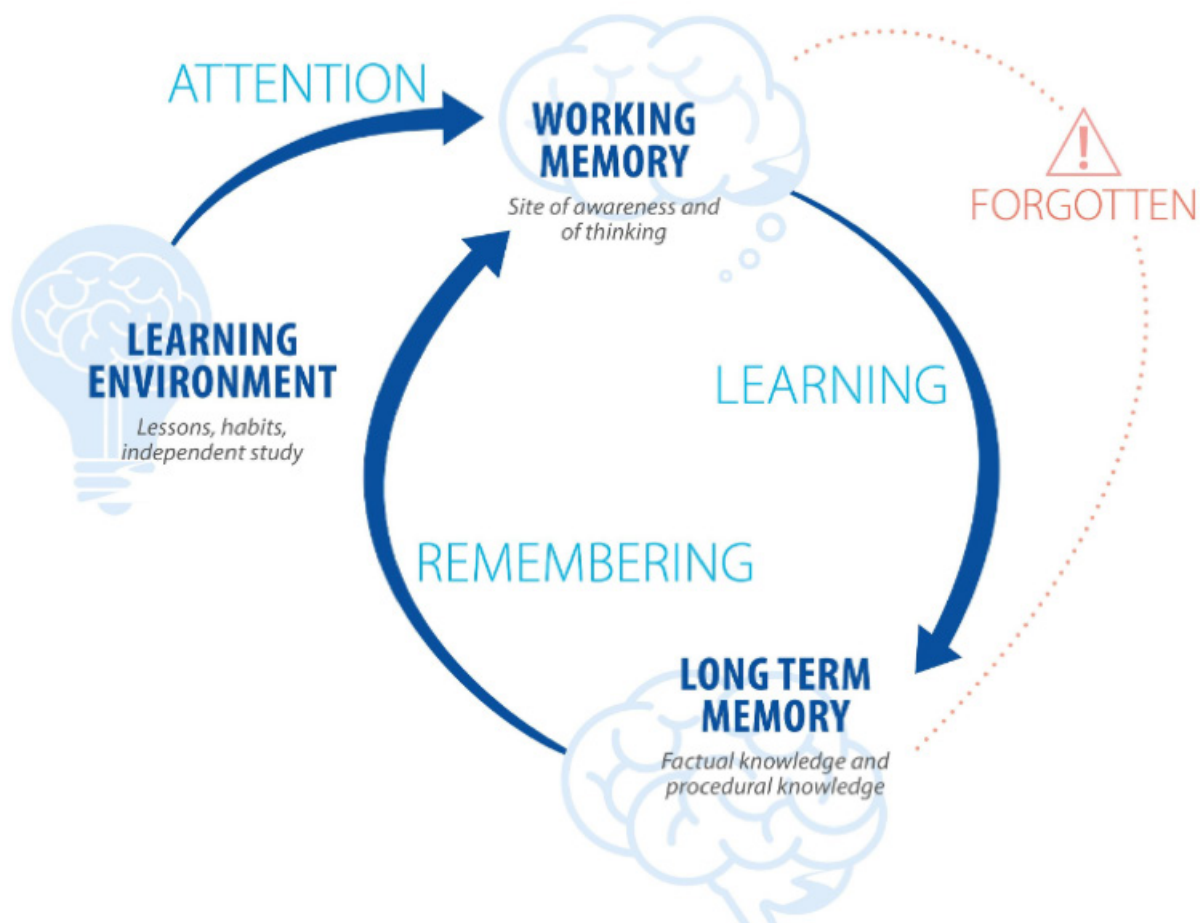
How do we learn?

In your lessons at CEC, teachers plan every minute to ensure the **teaching habits** and strategies they use create a productive learning **environment** and focus your **attention** on the most important content. The information you receive in class is held and dealt with by your **Working Memory** (sometimes called your **short term memory**). Your working memory capacity is limited, meaning you can only deal with a few pieces of new information at a time before you get overloaded - this is called your **Cognitive Load**.

Once in your working memory, new information can be dealt with and transferred to your **Long Term Memory** - this is what learning actually is. Once in your long term memory, the information is organised into **schema** - you organise new memories and link them to your previous experiences. The information in these **schema** can then be recalled to help you understand new information and importantly, this does not use up the limited slots in your working memory. If information is not effectively **learned** or **encoded** from your working to your long term memory, it will be forgotten.

Retrieval practice will help to make sure your schema are well developed and that you are able to link all the knowledge you will need for your lessons. Retrieval practice is exactly what the name suggests - practising retrieval, and then applying, all of that information stored in your long term memory. Again, if you don't regularly practise remembering this information, it can become **forgotten**.

The model below summarises this process showing how new information moves from your environment (what is in happening in your classroom), eventually forming new and valuable memories.



Your Knowledge Organiser

This booklet contains **knowledge organisers** for all your subjects. Each knowledge organiser has the key facts and most powerful information that needs to be **memorised** to help you master your subjects and be successful in lessons. Your teachers have carefully selected the information included to ensure you construct the most effective schema, meaning you can recall the information you need in class to master your subjects.

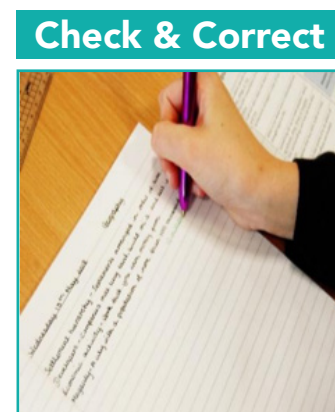
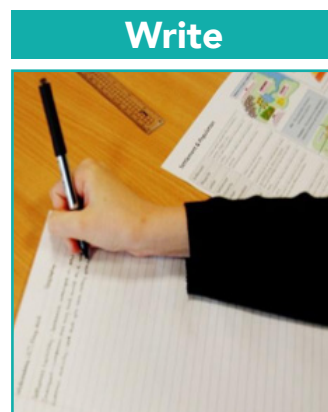
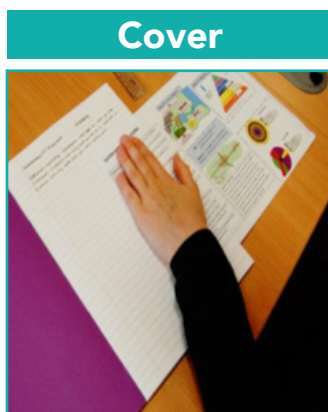
Each week as part of your independent study, you'll be asked to use your knowledge organiser to review this key content, ready for it to be used in class.

How can I use my Knowledge Organiser?

Your knowledge organiser (or **KO**) is a great resource for use at any time at home or in school. Being able to **recall** the information it contains from your long term memory will help you have a really **high success rate** in lessons. One of the most effective ways of forming strong long term memories is by quizzing yourself. In fact, research shows that pupils remember 50% more when they test themselves after learning something new. Simply reading through your knowledge organiser is helpful, but there are also far more effective ways to memorise the important content.

How can I self-quiz?

- » **Cover-Write-Check:** Your teacher may direct you to read a specific section or week of your KO. Once you've read the information, **cover** it up and **write** out as much as you can from memory. Next, **check** the KO to see if you're right, then **correct** any mistakes in your purple pen. Repeat this process two more times - even if you got 100% correct.



- » **Create flashcards:** These could be double-sided with a question on one side and the answer on the other. Alternatively, try a keyword on one side and a definition or diagram on the reverse. These can then be used for self-quizzing. The best way to use flashcards is called the Leitner System - find out more about it here: <https://www.youtube.com/watch?v=C20EvKtdJwQ>
- » **Draw a mind-map:** jot down everything that you remember from the KO and make links between the ideas. Check for accuracy and repeat.

Independent study schedule

All your independent learning for the week is **set at 9 am on Friday** morning, and is due to be completed by **8 am on the hand in day**. This includes your online work such as Sparx, Languagenut and Bedrock; and subjects where you should use some of the self-quizzing techniques (such as flash cards or Cornell notes) in your green **Knowledge Organiser workbook**.

The schedule below shows how long you should spend on each task, and the day you are allocated time to complete the task, although you may choose to complete tasks at different times to fit around your other activities and social events. **Specialist support** from your teachers will be available during breaks on the designated day, but please try to seek help with independent learning as soon as a problem arises. Work in your KO workbook will be checked by your tutor on the morning of hand in day.

If you have not completed any of your independent study tasks by 8 am on Friday, you will be required to attend a **2 hour SLT detention** the following Monday to catch up. If you manage to catch up on outstanding work before the start of the SLT detention, you should still attend at 3 pm when your subject teacher will check your tasks and cancel your detention. For incomplete KO tasks, you will be given a same-day redcard break detention.

Year 10 and 11						
	15 min	15 min	15 min	15 min	Specialist support	Non-completion detention
Monday	Maths				MFL Language-nut and Statistics	Monday afterschool 3-5pm You will not need to attend the detention if all homework is completed by 3pm on Monday
Tuesday	English				Maths	
Wednesday	Science				English	
Thursday	Geography/History	Options subject: Drama/Art/Music/Sports Science/Computer Science			Science	
Friday	MFL languagenut	Statistics			Geography/ History and Option subject	

Who can help with my independent study?

There are lots of people who can help with your independent study. **Independent Study club** runs everyday in the library from **3:00 - 4:00**. There is a quiet space to work, computers to use for online tasks and members of staff available to help. It's a great place to complete all your tasks for the day, leaving your evening free to enjoy your other interests.

In addition, Year 11 pupils may use room S203 from **3:00 - 4:00** on Mondays, Wednesdays, Thursdays and Fridays for quiet study and exam preparation.

If you need help with a particular task, your **subject teachers** will be available at break and lunchtime to help with any issues - just make sure **you** see them before the hand-in day and they will be happy to help.

By using the schedule above, we hope you can plan to complete your independent study as well as still enjoying all your other interests, family and friends each day. If you do have any issues, please tell your **tutor or head of year** straight away.



Stop

STOP

'They're not bullying you because of you, they're bullying you because of how they are'

Jessie J

Bullying affects lots of people and can happen anywhere: at school, travelling to and from school, in sporting teams, in friendship or family groups.

Bullying can take many forms including:

- emotional abuse
- social bullying
- social media
- threatening behaviour
- name calling
- cyberbullying
- sexting

Bullying includes REPEATEDLY:

- people calling you names
- making things up to get you into trouble
- hitting, pinching, biting, pushing and shoving
- taking things away from you
- damaging your belongings
- stealing your money
- taking your friends away from you or leaving you out
- posting insulting messages or rumours, in person online
- threats and intimidation
- making silent or abusive phone calls
- sending you offensive texts or messages

Speak

'Blowing out someone else's candles doesn't make yours shine any brighter'

Drake

Speak to someone.

No one has a magic wand, but we always do our best and we do really care.

Telling someone shares the problem. It helps you feel supported.

It is really important to tell someone, particularly if the bullying has been going on for a while or the strategies you've tried haven't worked.



You're **not** alone

Don't be afraid to tell an adult. **Telling isn't snitching!**



Support

'You always have to remember that bullies want to bring you down because u have something that they admire'

Zak Efron



What we do at Cranbrook to deal with bullying:

- **Mentoring** is having a named person you can go to for support at school. Tutor/HOY/Refocus/Other
- **Restorative justice** brings all children involved together so everyone affected plays a part in repairing the harm and finding a positive way forward.

Any form of bullying will not be accepted at Cranbrook.





Year 10 - Art- Cycle 3	Week 1	Week 3
<p>Key vocabulary/content/ideas</p> <p>Key Vocabulary: Develop, refine, record, present, analyse, explore, exhibit, exhibition, evaluate</p> <p>Content: Understanding how your work, and areas of study relate to the four Assessment Objectives (AO's). You will need to evidence each AO throughout your sketchbook. Some AO's are evidenced by the same piece of work.</p> <p>Ideas: What are the AO's? What is a realised intention? What is a final piece? What is an exhibition?</p>	<p>AO1: Develop ideas through investigations, demonstrating critical understanding of sources.</p> <p>Understand this: An exceptional ability to effectively develop ideas through creative and purposeful investigations.</p> <p>An exceptional ability to engage with and demonstrate critical understanding of sources.</p> <p>Apply this: Have you thought, really thought about your theme? Made a mind map and recorded about ideas? Do you have photographs that you have taken, images you have found, visited galleries? Have evidence of you looking at other artist's work that have inspired you? This assessment objective relates to how much you have really considered what the brief means to you. Think of at least 10 ideas and discuss them with family and friends to get their feedback.</p>	<p>AO2: Refine work by exploring ideas, selecting and experimenting with appropriate media, materials, techniques and processes.</p> <p>Understand this: An exceptional ability to thoughtfully refine ideas with discrimination.</p> <p>An exceptional ability to effectively select and purposefully experiment with appropriate media, materials, techniques and processes.</p> <p>Apply this: Have you.... Developed on your initial ideas. I like to think of an art portfolio as a good book. The book and the visuals develop and the characters become more refined. Can we clearly see that you are developing on your previous work. Have you changed what media you have used to get the best result which suits the theme? how many different types of media have you used?</p>
<p>Week 5</p> <p>AO3: Record ideas, observations and insights relevant to intentions as work progresses.</p> <p>Understand this: An exceptional ability to skilfully and rigorously record ideas, observations and insights through drawing and annotation, and any other appropriate means relevant to intentions, as work progresses.</p> <p>Apply this: Have you enjoyed making a lot of artwork which shows a really good understanding of different techniques. It's about technical precision and making sure the work looks like it should. Points for this AO can be achieved by making refined paintings, drawings, photography or other experimentation where you have some finished final versions of your ideas. Make sure there is a connection to an artists work.</p>	<p>Week 7</p> <p>AO4: Present a personal and meaningful response that realises intentions and demonstrates understanding of visual language.</p> <p>Understand this: A highly developed ability to competently present an imaginative, personal, informed and meaningful response when realizing intentions. A highly developed ability to demonstrate critical understanding and where appropriate, make perceptive and discriminating connections between visual, written, oral or other elements.</p>	<p>Week 9</p> <p>AO4 continued:</p> <p>Apply this: Does it look like your work? This objective is all about presenting your personal visual journey and how you have responded to the theme. To achieve high marks your final pieces of art should link with all your ideas. When your teacher discusses your project with you, you should be able show clear connections with the initial ideas, artist research, refinement and development of ideas into the final pieces. This is where you showcase your passion.</p>



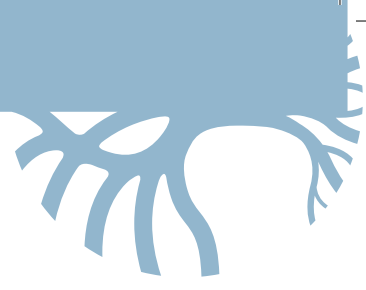
Year 10 - Combined Science - Cycle 2	Week 1 - Electrolysis	Week 2 - Products of electrolysis
<p>Key vocabulary</p> <ul style="list-style-type: none"> ● Endocrine gland: A type of gland that produces and releases hormones into the bloodstream to regulate the body's functions. ● Target organ: A specific part of the body that is affected by a particular hormone. ● Ovaries: Glands in the female reproductive system that produce eggs and hormones. ● Testes: Glands in the male reproductive system that produce sperm and hormones. ● Correlation: A relationship between two variables, where changes in one variable are associated with changes in another. ● Body Mass Index (BMI): A measure of body fat based on height and weight, used as an indicator of overall health. ● Inert: Refers to a substance that does not readily react chemically. 	<ul style="list-style-type: none"> ● Electrolysis is the decomposition of ionic compounds by passing an electric current through them. ● Charged ions in either molten or aqueous ionic substances (electrolytes) are attracted to the opposite charged electrodes. ● Cations (positive ions) move to the negative cathode. They gain electrons and are reduced. ● Anions (negative ions) move to the positive anode. They lose electrons and are oxidised. ● These are known as RedOx reactions and result in ions becoming atoms. ● Changes at the electrodes can be shown with half-equations. E.g. Cathode reaction: $Zn^{2+} + 2e^{-} \rightarrow Zn$ (Zn has been reduced) Anode reaction: $2Cl^{-} \rightarrow Cl_2 + 2e^{-}$ (Cl has been oxidised) 	<ul style="list-style-type: none"> ● The products of electrolysis depend on whether the salt is in solution (dissolved in water) or molten. ● If the salt is molten, it simply splits into its ions, E.g. NaCl forms Na^{+} and Cl^{-}. ● If the salt is an aqueous solution, the water will also split into its ions, the products depend on: if cations are less reactive than hydrogen, the metal is produced. ● if cations more reactive than hydrogen, hydrogen is produced. ● if anions are halogens, the halogen gas is produced. ● if anions are not halogens, oxygen gas is produced. ● Electrolysis of copper sulfate can be completed using graphite or copper electrodes. ● With copper electrodes, the anode will lose mass and the cathode will gain mass.
<p>Week 3 - Health</p> <ul style="list-style-type: none"> ● Health is "the state of complete physical, mental and social well being". ● Disease can be caused by lifestyle risk factors such as: Diet, Smoking, Levels of exercise, Drug/alcohol misuse. ● These risk factors can lead to non-communicable such as cancer and diabetes. ● Communicable diseases include food poisoning, AIDS, COVID-19, Flu and chalara ash dieback (in trees). ● Microorganisms that cause communicable diseases are called pathogens. These can be: <ul style="list-style-type: none"> ● Bacteria E.g. salmonella ● Viruses E.g. coronavirus ● Fungi E.g. <i>candida</i> that causes Athlete's foot. ● Protists E.g. <i>Plasmodium</i> that causes Malaria ● Different types of disease may interact. This can mean that the presence of one disease can lead to a higher chance of developing another disease. 	<p>Week 4 - Defence against disease</p> <ul style="list-style-type: none"> ● Pathogens can spread between hosts in a number of ways: <ul style="list-style-type: none"> ● Physical contact or transfer of body fluids, such as STIs, e.g. HIV which causes AIDS. ● Waterborne, such as the bacteria which causes cholera. ● Airbourne, such as coronavirus which causes COVID-19. ● Animal vectors, such as mosquitos that carry the protist which causes malaria. ● Our bodies defend against disease using: <ul style="list-style-type: none"> ● Physical barriers including our skin, mucus and ciliated epithelial cells in our respiratory system ● Chemical defences such lysozymes in our tears, saliva and stomach acid. ● if pathogens get past the body's natural defences they will cause an infection. Bacterial infections are treated with antibiotics. 	<p>Week 5-Immunity</p> <ul style="list-style-type: none"> ● Your immune system includes white blood cells, one type of which are called lymphocytes. ● Lymphocytes recognise proteins on the surface of pathogens called antigens. ● Once they detect foreign antigens, Lymphocytes will: <ul style="list-style-type: none"> ● Ingest and destroy pathogens. ● Produce antibodies which attach to the bacterial antigens, signalling their presence. ● Produce antitoxins which neutralise harmful chemicals produced by pathogens. ● Once exposed to a pathogen, your immune system produces memory lymphocytes which are able to respond more quickly if you are exposed to a pathogen again. ● Vaccinations use dead or weakened pathogens to produce an immune response without exposing you to the actual disease.



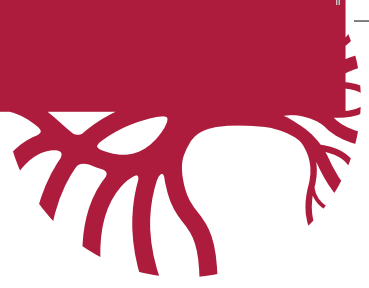
Key vocabulary	Week 6 - Nuclear radiation	Week 7 - Nuclear radiation															
<ul style="list-style-type: none"> Ore: A naturally occurring rock or deposit that contains valuable minerals that can be mined and processed to extract useful metals or other minerals. Elastic potential energy: energy stored in an object when it is stretched or compressed. It is measured in Joules (J) and shown by the letter <i>E</i> in equations. Spring constant: A measure of the force required to compress or extend a spring, often used to describe the elasticity of a spring. Elastic object An object that returns to its original shape after being deformed by an applied force, such as a spring or rubber band. Antibiotic: A type of drug that kills or slows the growth of bacteria, used to treat bacterial infections. Displacement reaction: A type of chemical reaction in which a less reactive element is replaced by a more reactive element in a compound. Immunity: The ability of the body to resist and fight infections, diseases, and other harmful substances. 	<ul style="list-style-type: none"> The Nuclear model of the atom (developed over time) describes the numbers, charges and locations of subatomic particles in an atom. When atoms are energised, electrons can jump to higher orbits. Energy is emitted as visible light when the electron returns to its original orbit. Atoms that absorb sufficient radiation can lose electrons and become ionized. Unstable nuclei can emit ionizing radiation in the form of particles and/or energy to become stable. Sources of background radiation include: radon gas, food, cosmic rays, medical uses and rocks. Types of ionizing radiation: <table border="1" data-bbox="662 992 867 1505"> <thead> <tr> <th>Description</th> <th>Charge</th> <th>Rel. mass</th> </tr> </thead> <tbody> <tr> <td>Alpha (α)</td> <td>2 protons + 2 neutrons</td> <td>+2</td> </tr> <tr> <td>Beta (β)</td> <td>High energy electron</td> <td>-1</td> </tr> <tr> <td>Positron (β⁺)</td> <td>High energy particle</td> <td>+1</td> </tr> <tr> <td>Gamma-ray (γ)</td> <td>EM wave</td> <td>0</td> </tr> </tbody> </table>	Description	Charge	Rel. mass	Alpha (α)	2 protons + 2 neutrons	+2	Beta (β)	High energy electron	-1	Positron (β ⁺)	High energy particle	+1	Gamma-ray (γ)	EM wave	0	<ul style="list-style-type: none"> Nuclear decay is a random process and cannot be predicted Radioactive decay is shown by nuclear equations: Alpha decay ${}_{92}^{235}\text{U} \longrightarrow {}_{90}^{231}\text{Th} + {}_2^4\text{He}$ Beta decay ${}_{92}^{235}\text{U} \longrightarrow {}_{93}^{235}\text{Np} + {}_0^{-1}\text{e}$ Radiation levels can be measured in counts per minute using a Geiger-Muller (GM) tube The activity (measured in Bq) of a radioactive source decreases over time. It is shown with a half-life graph. The half-life of a radioisotope is constant. The half-life of radioisotopes can be used in carbon dating to determine the age of substances. Ionizing radiation can cause mutations in DNA which may lead to cancer. Gene mutations may be passed on in gametes. Ionizing radiation is used in smoke alarms (α), thickness monitoring (β) and as radioactive tracers (γ) in medical procedures.
Description	Charge	Rel. mass															
Alpha (α)	2 protons + 2 neutrons	+2															
Beta (β)	High energy electron	-1															
Positron (β ⁺)	High energy particle	+1															
Gamma-ray (γ)	EM wave	0															
Week 8 - Reactivity	Week 8 - Life cycle assessment and dynamic equilibrium	Week 10 review - Cell transport															
<ul style="list-style-type: none"> The reactivity series shows metals in order of their reactivity. Most reactive K Na Ca Li Mg A C Zn Fe Pb H Cu Ag Au Least reactive Displacement reactions are examples of redox reactions as both reduction and oxidation occur at the same time. Metals can be extracted from ores found in the Earth's crust. Metals extraction from ores involves reduction. Metals that are less reactive than aluminium are extracted by heating them with carbon as a displacement reaction. Metals that are more reactive than aluminium are extracted using electrolysis. Unreactive metals are found in the Earth's crust as the uncombined elements. 	<ul style="list-style-type: none"> Life cycle assessments are completed before a product is created, and consider: obtaining the raw material on the environment, manufacturing the product, using the product and disposing of the product. In reversible reactions, products can reform reactants. A double arrow (⇌) is used to show the reaction can proceed in both directions. Eg. Ammonium chloride ⇌ ammonia + hydrogen Dynamic equilibrium occurs when forward and backward reactions occur at the same rate, and the % of reactants and products does not change. The Haber process is a reversible reaction used to produce ammonium from nitrogen and hydrogen. The equilibrium position can be affected by temperature and pressure, forcing the reaction towards the products. The reaction is carried out at 450 °C and 200 atm, using an iron catalyst. 	<ul style="list-style-type: none"> Most Eukaryotic cells have the same organelles: including nucleus, cytoplasm, cell membrane. Cells have a partially permeable membrane that allows some substances through it but not others. Dissolving substances move into and out of cells by diffusion and active transport. Water moves in and out of cells by osmosis. During osmosis, water molecules move from where there are more of them (a higher concentration) to where there are fewer of them (a lower concentration). A difference between two concentrations forms a concentration gradient. The bigger the concentration gradient, the faster the rate of osmosis occurs. Osmosis can cause cell tissues to gain or lose mass as water moves in or out of cells. 															



Year 10 - Computing - Cycle 3	Week 1 - System and Utility Software	Week 2 - Robust Software
<p>Key vocabulary/content/ideas</p> <ul style="list-style-type: none"> • System Software: Manages and controls the basic operations of a computer, providing a platform for other software applications to run. Examples include operating systems like Windows, macOS, and Linux. • Robust Software: Software that functions as expected and will not crash if invalid inputs are entered. • Translation: The process of converting instructions from a high level language into a low level language. • Network: Two or more devices connected together in order to share both data and resources (printers, internet connections). 	<ul style="list-style-type: none"> • System Software: Manages and controls the basic operations of a computer, providing a platform for other software applications to run. Examples include operating systems like Windows, macOS, and Linux. • Utility Software: Programs designed to perform specific tasks or functions to enhance system performance, manage resources, and optimize various aspects of computer operations. • File Management: File management involves creating, copying, moving, and deleting files and directories. • Backup: Creating copies of important data to prevent data loss in case of hardware failure or accidental deletion. 	<ul style="list-style-type: none"> • Robust Software: Software that functions as expected and will not crash if invalid inputs are entered. • Bad Programming Practices: Where code is written badly and errors occur upon execution. The code may also be difficult to read due to lack of comments, white-space or non-specific variable names. • Code Reviews: Where software developers review the code created in order to find errors. • Audit Trail: This is where computer scientists keep records of developments and changes made to software as it is being developed. This helps to identify errors and improves accountability.
Week 3 - Programming Languages	Week 4 - Networks	Week 5 - Types of Connection
<ul style="list-style-type: none"> • High Level Language: A programming language that is written in human-like commands. This will need to be translated into a low level language in order for the computer to understand it. • Low Level Language: A programming language written in machine code or mnemonics. These are usually direct instructions for the CPU. • Translation: The process of converting instructions from a high level language into a low level language. • Compile: Translating all programming instructions at once. This creates an executable file. • Interpret: Translating and executing instructions one line at a time. 	<ul style="list-style-type: none"> • Network: Two or more devices connected together in order to share both data and resources (printers, internet connections etc). • LAN (Local Area Network): Two or more network enabled devices connected together across a small geographical area. • WAN (Wide Area Network): Two or more local area networks connected together over a larger geographical area. • Transmission Media: The cables and other methods of data transfer that enable data to move between devices on a network. • Bandwidth: How much data can be transferred through a network per second. • Latency: The time taken between transmitting and receiving data 	<ul style="list-style-type: none"> • Twisted Pair Cable: Where 4 pairs of copper wires are wrapped around each other in order to prevent EM interference. • Fibre Optic: Where light pulses are sent down strands of glass fibre in order to transfer data. • WiFi (Wireless Fidelity): A transmission technology that follows the WiFi protocol in order to transmit data wirelessly (through the use of radio signals). • Router: A device that bridges a connection between two separate networks. The internet is a vast network of routers all connecting with one another. • Wireless Access Point: Hardware that enables wirelessly enabled devices to connect to a network.



Key vocabulary/content/ideas	Week 6 - Network Topologies	Week 7 - The Internet
<ul style="list-style-type: none"> • Network Topology: The physical layout of a network; including how devices are arranged. • Packet: The chunks of data transmitted from one IP address to another, in order to facilitate Internet traffic. • TCP(Transmission Control Protocol): A Protocol (set of rules) for transferring data from one location to another. It requires confirmation that data has been received. • Vulnerability: Where part of the software of the hardware of the network can be exploited by a criminal, such as a hacker, in order to gain access to it. • Authentication: Using methods such as a password or biometrics to grant access. 	<ul style="list-style-type: none"> • Network Topology: The physical layout of a network; including how devices are arranged. • Bus topology: All devices on the network are connected to a single cable, known as the backbone. A terminator at each end absorbs signals that have reached the end of the cable. • Star Topology: Every device is directly connected to a central node, which is likely to be a switch. All data traffic passes through the central node; from one device to another. • Mesh Topology: Devices connect directly to one another, without the need for a central node. 	<ul style="list-style-type: none"> • Internet: A global, wide-area-network of devices that are able to share data with one another. • Router: A device that bridges a connection between two networks. By bridging between thousands of individual networks we have been able to create the internet. • IP Address: Every device connected to the internet, and every router, has a unique IP address. This is used to identify the location and be able to forward data to it. • Packet: The chunks of data transmitted from one IP address to another, in order to facilitate Internet traffic.
Week 8 - TCP/IP Stack	Week 9 - Network Security Vulnerabilities	Week 10 - Preventing Vulnerabilities
<ul style="list-style-type: none"> • TCP(Transmission Control Protocol): A Protocol (set of rules) for transferring data from one location to another. It requires confirmation that data has been received. • IP (Internet protocol): A protocol (set of rules) that governs how data is transmitted from one IP address to another. • Application Layer: A set of protocols governing what will be done with the data once it is received (what type of application it will open with). • Internet Layer: A set of protocols governing how the data will travel. • Transport Layer: A set of protocols governing how packets are ordered and what additional communication is needed • Network Layer: How the packet will travel across the recipient network. 	<ul style="list-style-type: none"> • Vulnerability: Where part of the software of the hardware of the network can be exploited by a criminal, such as a hacker, in order to gain access to it. • Penetration Testing: Where someone with hacking skills attempts to infiltrate a network, in order to help the organisation better defend itself. • Updates: These are usually software patches that are created in order to fix vulnerabilities in a specific program. They must be regularly downloaded in order to keep the software up-to-date. • Social Engineering: Where individuals within an organisation can be manipulated to grant access to an attacker. This can often be through pretexting(pretending to be in an official capacity). 	<ul style="list-style-type: none"> • Access Control: Only allowing key individuals within an organisation to access critical parts of a system. • Authentication: Using methods such as a password or biometrics(retina / fingerprint scanning) to grant access. • Multi-factor Authentication: Requiring a combination of two or more forms of authentication. • Physical Security Methods: Only allowing access to the system to people with particular physical methods such as a door key / key card. • Encryption: Scrambling communications so they are unintelligible. • Firewall: A device or piece of software that prevents uninvited communication with a network or system.



Year 10- French- Cycle 3		Week 1 – key vocabulary and content		Week 2 - key vocabulary and content	
Classroom interaction language		l'alcool	alcohol	Rester en bonne santé	To stay in good health
• Salut - Hi		boire	To drink	sain(e)	healthy
• Ça va? – How are you? (How is it going?)		devoir	To have to	L'obésité	obesity
• Ça va bien – I am well (it is going well)		essayer	To try	équilibré(e)	balanced
• Ça ne va pas – I am not well (it's not going well)		éviter	To avoid	mener à	To lead to
• Merci – Thank you		Je devrais	I should	renoncer	To give up
• Et toi? – And you?		La faiblesse	weakness	s'entraîner	To train
• Comment dit-on...en français? – How do you say...in French?		garder la forme	To stay healthy	éliminer	To eliminate
• On va... - We are going to...		malsain(e)	unhealthy	faire un regime	To go on a diet
• On va parler – we are going to talk		Je pourrais	I could	perdre du poids	To lose weight
• On va jouer – we are going to play					
• On va écouter – we are going to listen					
• Trois, deux, un – Three, two, one					
• Regardez-moi – Look at me					
Week 3 - key vocabulary and content		Week 4 - key vocabulary and content		Week 5 - key vocabulary and content	
une crise cardiaque	A heart attack	les matières gras	fats	le corps	The body
épuiser	To exhaust	les produits laitiers	Dairy products	Le coeur	The heart
avoir sommeil	To be sleepy	les sucreries	Sugary treats	les poumons	The lungs
fumer	To smoke	Si je pouvais	If I was able	le sang	The blood
s'enivrer	To get drunk	Si j'avais le choix	If I had the choice	Le cerveau	The brain
se détendre	To relax/unwind	Je suis enrhumé(e)	I have a cold		
avoir peur de	To be afraid of	J'ai pris un coup de soleil	I have sunburn	les dents	Teeth
J'ai peur de	I am afraid of (have fear of)	J'ai vomis	I have been sick	La peau	Skin
accro	addicted	J'ai mal à la tête	I have a headache	La jambe	Leg
dépendant(e)	Addicted	J'ai mal au dos	I have a back ache	L'épaule	shoulder
devenir	To become			Le bras	arm



Classroom interaction language	Week 6 - key vocabulary and content	Week 7 - key vocabulary and content	
<ul style="list-style-type: none"> ● un stylo violet – a purple pen ● un stylo noir – a black pen ● Est-ce que je peux...? – Can I...? ● Est-ce que je peux avoir...? – Can I have...? ● Est-ce que je peux faire...? – Can I do...? ● Est-ce que je peux faire les points? – Can I do the points? ● Est-ce que je peux aller aux toilettes? – Can I go to the toilet? ● C'est vrai – it is true ● C'est faux – it is false ● C'est correct – it is correct ● C'est juste – it is fair ● A mon avis – In my opinion ● Je pense que – I think that ● D'une part... d'autre part... - on the one hand...on the other hand 	allumer détruire endommager éteindre le chauffage central le robinet protéger Il faut Il ne faut pas Afin de	To switch on To destroy to damage To switch off The central heating The tap To protect You must You must not In order to	
	Week 7 - key vocabulary and content menacer empêcher faire du recyclage gaspiller l'effet de serre l'emballage Les déchets l'embouteillage To threaten To prevent To do the recycling To waste The greenhouse effect Packaging rubbish Traffic jam		
	Week 8 - key vocabulary and content		
	l'inondation	A flood	If it were possible
	le gaz d'échappement	Exhaust fumes	on devrait
	L'incendie	Fire	on doit
	le réchauffement de la terre	Global warming	aider
	Le déboisement	deforestation	Le faim
	les ordures	rubbish	La paix
	les produits bios	Organic products	le SDF
	inquiétant	worrying	le sans-abris
	Économiser	To save	le quartier défavorisé
	L'espoir	hope	L'organisation caritative
	Week 9 - key vocabulary and content Si c'était possible on devrait on doit aider Le faim La paix le SDF le sans-abris le quartier défavorisé L'organisation caritative Le chômage la pauvreté Le bénévolat If it were possible We should We have to To help hunger peace Homeless person Homeless person Deprived area Charity organisation unemployment Poverty Volunteer work		
Week 10 - key vocabulary and content Revision of all previous vocabulary/structures			


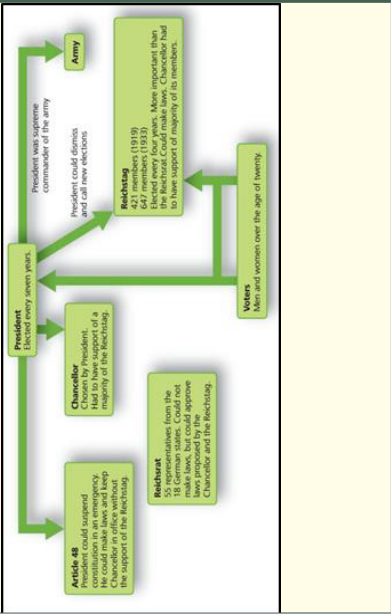


<p>Year 10 - Geography - Cycle 3</p>	<p>Key Vocabulary</p>	<p>Transportation – Suspension - lighter material floats within the water. Traction - larger rocks roll along the sea bed. Solution - some material, such as chalk, gets dissolved into the water. Saltation - smaller rocks, if they are too heavy to be suspended, hop along the sea bed.</p>	<p>Week 1 – Hydrograph</p>		<p>Week 2 - V Shaped Valleys</p>	<p>LANDFORMS OF EROSION – V-shaped valleys and interlocking spurs</p> <ol style="list-style-type: none"> In U-shaped valleys, the streams are often very small and have LOW DISCHARGE. Up to 95% of energy is used to overcome friction and the rest to erode downwards or sideways by abrasion and hydraulic action. This leaves the channels steep and unsupported. The sides are also weakened by weathering, and bits slip down into the channel, to be washed away. This leaves a V shape. The land has rocks of various resistances. The softer rock erodes around the more resistant rock and cuts down into the weaker rock, leaving INTERLOCKING SPURS. <p>© Robert Ganesby http://www.geogography.co.uk</p>
<p>Week 3 – Waterfalls & Gorges</p>		<p>Week 4 – Meander & Oxbow Lakes</p>		<p>Week 5 – Levees</p>	<p>Deposition landforms - Floodplains.</p>	



Key Vocabulary	Week 6 – Headland & Bay	Week 7 – Cave, Arch, Stack, Stump
<p>Erosion - Hydraulic Action: When waves crash against a cliff, they force air into cracks in the rock. The force of this trapped air causes the rock to weaken and eventually break.</p> <p>Abrasion: This is where sediment being carried by the water wears away the surface, almost like sandpaper.</p> <p>Solution: Chemicals in the water dissolve certain types of rock such as limestone. However, there is some debate about how much coastal erosion this causes.</p> <p>Attrition: Rocks crashing into each other result in them becoming smoother and more rounded.</p>		
Week 8 – Spit	Week 9 – Wave-cut platform	Week 10 – Sand dunes



<p>Year 10 - History – Cycle 3</p>	<p>Key images</p> 	<p>Week 1 – Aftermath of WW1</p>	<p>After WW1 a new government was established in Germany, which was accountable to the Reichstag rather than the Kaiser. In order to establish peace after WW1 the USA insisted that the Kaiser was removed from power. On the 9th November, Kaiser Wilhelm abdicated. The new government was led by Chancellor Friedrich Ebert and agreed to Armistice based on America's Fourteen Points.</p>	<p>Week 2 - The Weimar Constitution</p>	<p>In January 1919 an election took place but no party had a direct majority. They had to form a coalition which Ebert (of the Social Democratic Party –SPD) became President of. They joined with the Catholic Centre Party (ZP) and the German Democratic Party (DDP). A coalition meant that there were some weaknesses to the government.</p>
<p>Week 3 –</p>	<p>Positive – Electorate had a say. Members of the Reichstag and the President were voted for. Negative – Article 48 meant that the Pres. Could overrule the Reichstag.</p>	<p>Week 4 – Treaty of Versailles – 28th June, 1919</p>	<p>G – Guilt Clause. Article 231 of the Treaty of Versailles forced Germany to take full responsibility for World War One. A – Army reduced. German army restricted to 100,000 men, zero tanks, zero aircraft, zero submarines and 6 battleships. R – Reparations. France and Belgium owed £6.6bn as damages from World War One. Germany forced to pay. G – German territory lost. Germany lost 13% of territory including Alsace-Lorraine (to France) and Posen (to Poland). Germany also lost control of the Saar coalfields for 15 years. Le – League of Nations created as a peace keeping body to prevent future wars. Germany not invited to join</p>	<p>Week 5 – Opposition to Weimar</p>	<p>Dolchstoss - The German people felt the government had stabbed them in the back (Dolchstoss). They called the government the November Criminals. Threat from the left - The Spartacists, in January 1919, inspired by the left-wing Bolshevik revolution in Russia, set up the Communist Party and tried to overthrow the government. This was put down by the Reichswehr & the Berlin Freikorps Threat from the right - The Kapp Putsch (right-wing) was attempted in March 1920. Ebert wanted to disband the Freikorps so they joined with the Reichswehr in Berlin. Led by Wolfgang Kapp they seized Berlin. Ebert asked Trade Unionists & Civil Servants not to support it, and the Putsch collapsed.</p>
					



Key Images	Week 6 – <u>Ruhr Occupation – January 1923</u>	Week 7 – <u>Hyperinflation and devalue of the German Mark</u>
<p>Week 7</p>  <p>Week 8</p> 	<p>When Germany couldn't pay their reparations, the French moved into the Ruhr to take goods for themselves. The Germans went on strike & sabotaged their work, setting factories alight and breaking pumps. This meant that production from the Rhineland was very slow, making Germany poorer. Ebert promised workers that they would still receive pay if they took part in passive resistance.</p>	<p>The government printed more money to pay the strikers and their reparations which, coupled with the slow production in the Ruhr, led to hyperinflation where the currency became virtually worthless. By November 1923 a loaf of bread cost 200bn Marks.</p>
<p>Week 8 – <u>Economic recovery – Stresemann</u></p> <p>In 1923 Gustav Stresemann was Chancellor and is largely credited with the economic recovery of Germany.</p> <p>The Dawes Plan (1924) changed the reparations schedule to something which was more manageable (£50m a year) and loaned Germany \$25bn. It also meant that French troops would leave the Ruhr.</p> <p>The Rentenmark was the new currency, issued in limited amounts. Once it worked for a year, it was converted to the Reichsmark, based on gold reserves.</p> <p>The Young Plan (1929) was developed by US banker, Young. He reduced the reparations figure from £6.6bn to £2bn and extended the time the Germans had to pay it by 59 years.</p>	<p>Week 9 – <u>Foreign Recovery</u></p> <p>The Locarno Pact (1925) helped German relations with France, Britain, Belgium & Italy by agreeing borders previously imposed by the Treaty of Versailles. Germany finally agreed to these. German politicians an EQUAL part in negotiations</p> <p>The League of Nations agreed to admit Germany in 1926. This helped the Germans feel as though they were no longer humiliated.</p> <p>The Kellogg-Briand Pact was signed in 1928, along with 64 other countries. It said they could have armies for self-defence and would resolve disagreements peacefully.</p>	<p>Week 10 – <u>Social changes</u></p> <p>Wages had increased by over 10% by 1928. Although this helped the working class, the middle classes had been bankrupted by hyperinflation. Unemployment amongst the middle class increased. More houses were being built: 2million + between 1924-1931, which reduced homelessness.</p> <p>Women were given the vote and could work in a variety of areas: teaching, civil service etc. Art, architecture, literature and theatre began to change and become more rich & diverse. Germany became a much more liberal place as demonstrated by artists such as Otto Dix.</p>

